FREE CHECKLIST · WINTER

Winter Outage Checklist

Two pages. Tick each line before the cold arrives, then keep page 2 where everyone can see it.

1 Before the storm

- [ ] **Water:** 1 gallon per person per day, at least 3 days. Fill extra containers if a storm is forecast.
- [ ] **Heat:** pick one warm room. Gather blankets, sleeping bags, hats and layers for everyone.
- [ ] **Light and power:** a flashlight or headlamp per person, charged power banks, spare batteries.
- [ ] **Food:** 3 days of no-cook food. A cooler and ice packs for the fridge plan.
- [ ] **Pipes:** know where your main water shut-off is. On very cold nights let faucets drip.
- [ ] **Medicines:** a 7-day supply where your plan allows it. A list on paper.
- [ ] **Check:** a working battery-powered carbon monoxide alarm near sleeping areas.

WRITE IT DOWN NOW

Our warm room _____

Main water shut-off is _____

Warming center (call 211) _____

Utility outage number _____

Educational information only. Sources: Ready.gov, CDC, USDA, American Red Cross. None of them reviewed or endorsed this checklist.

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When the power goes out

Work down the page. The safety rules matter most.

Stay warm, keep food cold

- [ ] Close off unused rooms and stay in the warm room.
- [ ] Dress in layers.
- [ ] Keep the fridge closed. Food stays cold about 4 hours; a full freezer about 48 hours (USDA).

Safety rules

- [ ] **Never** use an oven, grill, camp stove or generator to heat the home.
- [ ] **Generators** run outdoors only, at least 20 feet from windows, doors and vents (CDC).
- [ ] **Space heaters:** only ones made for indoor use, 3 feet from anything that can burn, plugged straight into the wall.
- [ ] **Never** run a car or generator in a garage, even with the door open.

People and help

- [ ] Check on neighbors who live alone, are older, or depend on powered medical equipment.
- [ ] Know your warming center: call 211 or check your county emergency office.

NEIGHBORS WE WILL CHECK ON

Name and door _____

Name and door _____

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simplesurvivalguide.com

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